

# Care during labour

## Every labour, you need:



Partogram



Monitoring device



Access to assisted delivery

Monitor the fetal heart rate every 30 minutes and record your findings on the partogram



Reassuring fetal heart rate



Continue monitoring mother and baby



Proceed to normal vaginal delivery

## Prepare for low risk birth:



Gloves



Timer (Watch or clock)



Scissors



Cord ties



Suction device



Ventilation bag and mask



Head covering



Cloths



## Increased monitoring

FHR 160-170 beats per minute

FHR 100 to 120 beats per minute

Early deceleration

Meconium stain liquor

Pre or post term baby  
or prolonged pregnancy



Two or more danger signs



## Immediate assisted delivery

FHR less than 100 beats per minute

FHR greater than 170 beats per minute

Late deceleration

Slow progress or failure to progress  
(Crossing the Action line)

## Prepare for high risk birth:

Same as low risk birth, plus:



Second person to assist with resuscitation

- Prepare resuscitation station

Follow 'Helping Babies Breathe' action plan

